



# Side Orders - Nutrition information per 100g

Side Order		Contains									
Name	Serves	Energy (kcal)	Energy (kj)	Protein (g)	Carbo- hydrate (g)	of which Sugars (g)	Fat (g)	of which Saturates (g)	Fibre (g)	Sodium (g)	Salt (g)
Onion Rings	2	200	850	3.8	26.0	4.7	8.0	4.8	2.2	0.4	1.0
Loaded Potato Skins with Cheese	2	179	748	7.0	14.8	0.8	10.5	5.8	1.5	0.4	1.0
Loaded Potato Skins with Cheese & Bacon	2	215	899	8.8	11.9	0.7	15.0	7.3	1.2	0.7	1.5
Jalapeno Poppers	2	240	1002	5.2	26.1	2.1	12.7	5.3	2.2	0.4	1.0
Garlic Bread	2	276	1165	7.7	44.8	1.6	8.6	2.4	1.9	2	1.2
Snappy Garlic Bread	2	286	1202	12.6	32.1	1.2	13.2	6.2	1.4	1.6	1.3
Coleslaw	2	164	684	1.3	6.6	6.1	14.8	1.1	1.8	0.4	0.9
Spicy Chicken Bites	2	246	1031	18.9	13.6	0.9	13.0	5.6	1.5	0.4	0.9
Battered Chicken Bites	2	147	613	18.6	8.6	0.7	4.1	1.8	1.0	0.3	0.8
BBQ Chicken Wings	2	227	949	23.6	4.8	4.2	12.6	2.9	Trace	0.6	1.1
Hot & Spicy Chicken Wings	2	227	949	17.9	9.0	5.9	13.3	3.6	0.8	0.4	1.0
Seasoned Potato Wedges	2	146	612	2.5	18.5	1.0	6.9	3.4	1.9	0.4	0.9
Tomato Ketchup Dip	1	136	580	1.1	32.9	29.2	0.0	0.0	0.7	0.7	1.8
Garlic Mayonnaise Dip	1	537	2211	0.3	1.8	1.0	58.6	4.2	0.0	0.2	0.5
Sweet Chilli Dip	1	248	1053	0.3	60.6	49.0	0.1	Trace	0.2	1.4	2.1
BBQ Sauce Dip	1	184	782	1.1	44.0	12.2	0.4	0.3	0.1	0.6	1.6
Sour Cream & Chives Dip	1	578	2341	2.3	5.3	3.5	59.6	4.0	0.2	0.2	0.5